

Southlands College

Your Guide

2022/2023

The Southlands Crest

The college crest says a lot about the history of Southlands. The lamp at the bottom of our shield is the lamp of light and learning, indicating our commitment to education and the founding of our college as a place for the training of teachers. The red clams in the middle are a symbol of the Wesley family. John Wesley was the founder of Methodism, which is the Christian denomination which built Southlands and which still plays a big part in the life of the college and university. The clams are shared with the crest of Westminster College, another old Methodist teacher training college, now based at Oxford Brookes University. Southlands grew out of Westminster in the 1870s as a college catering exclusively for women. The fleurs de lys at the top of the shield represent the association of the college with the French royal family (the college's two former sites in Battersea and Wimbledon were previously residences of that family). The pelican at the top of the crest feeds its young with its own blood. This image, taken from the natural world, is a traditional Christian symbol of the sacrifice of Christ and indicates the college's roots in the Christian faith and the college's commitment to serve others. The same meaning is found in the rising sun, used since the fourth century AD as a Christian symbol of God's presence in the world. The crest contains our college motto – Light, Love, Life – and from it we take our college colours of blue and gold.



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Welcome

from the Head of College

I am delighted to welcome you to the University of Roehampton, and especially to Southlands College



Roehampton is made up of four colleges, each with long and rich histories. Every member of the university, staff and student, is also a member of a college, and this will come to mean as much to you as being part of Roehampton itself.

Being a member of Southlands College brings lots of opportunities for engaging more fully with the university, to make friends, develop skills, build your CV, and to ensure you have an enjoyable time at Roehampton. You can join college teams, societies, leadership programmes and learning events. You will also find yourself invited to college social activities ranging from informal film and quiz nights to large, formal dinners with hundreds of other Southlanders.

Our college community is a very diverse one. Students and staff come from all over the planet, speak numerous languages, practise many religions, look, think and behave in many different ways. Part of the college experience includes the opportunity to get to know people with different

backgrounds, skills and interests to your own, to learn from them, and to become a more understanding and inclusive person. Above all, at Southlands we value the dignity of all people and encourage respect, kindness and inclusivity.

Our approach to living and working together is grounded in our college's strongly held values. These are shaped by our long history and our continuing relationship with the Methodist Church, which founded our college in 1872. You'll find some of the guiding principles of Methodism's approach to human relationships articulated throughout this booklet.

Do feel free to come and talk to me or any member of the college team whenever you would like. We are always happy to spend time with you. Whatever you are studying, I wish you every success and look forward to getting to know you during your time here.

Dr Christopher Stephens

Go out and engage with the world.
Shape it and be shaped by it!

What is Southlands College?

Southlands College is part of our University campus, we are at the northern end of the site, closest to Barnes Station, opposite the Welcome Centre and near to the university library. Our buildings are designed around a large grassy space, known as the quadrangle (or just "Quad") and consist of:

- Queen's Building (classrooms, offices, lecture halls and prayer rooms)
- Lakeside (the Reef, Senior Common Room and other eating and meeting spaces)
- The Well (chapel and chaplaincy spaces)
- Halls of residence: Aldersgate Court, Epworth Court and Wesley Hall (blocks A-G)

Our College Community

Southlands is home to about 2,000 students, of whom 300 live in the college. Many of our students study the subjects taught in the college, but a large number are taking degrees across all our academic departments, at all levels from Foundation to postgraduate study.

The following people are all part of Southlands College:

- All students resident at Southlands
- Commuting students studying in the Faculty of Business and Law and Applied Music Research.
- All other staff based in Queen's Building including community music and e-sports.
- Students who have chosen specially to be members for a personal reason
- The college staff team (contact details on the back)
- Staff of the university library

Valuing One Another: Inclusion and Diversity

Every member of Southlands College should expect to feel loved – embraced by our whole community as a unique and utterly special person. Each individual has the potential to change the world and to make society that bit better for us all. We want to make sure you realise that potential and that you encourage everyone around you to do the same. At Southlands, we hope to provide a range of resources and activities to enable this to happen.

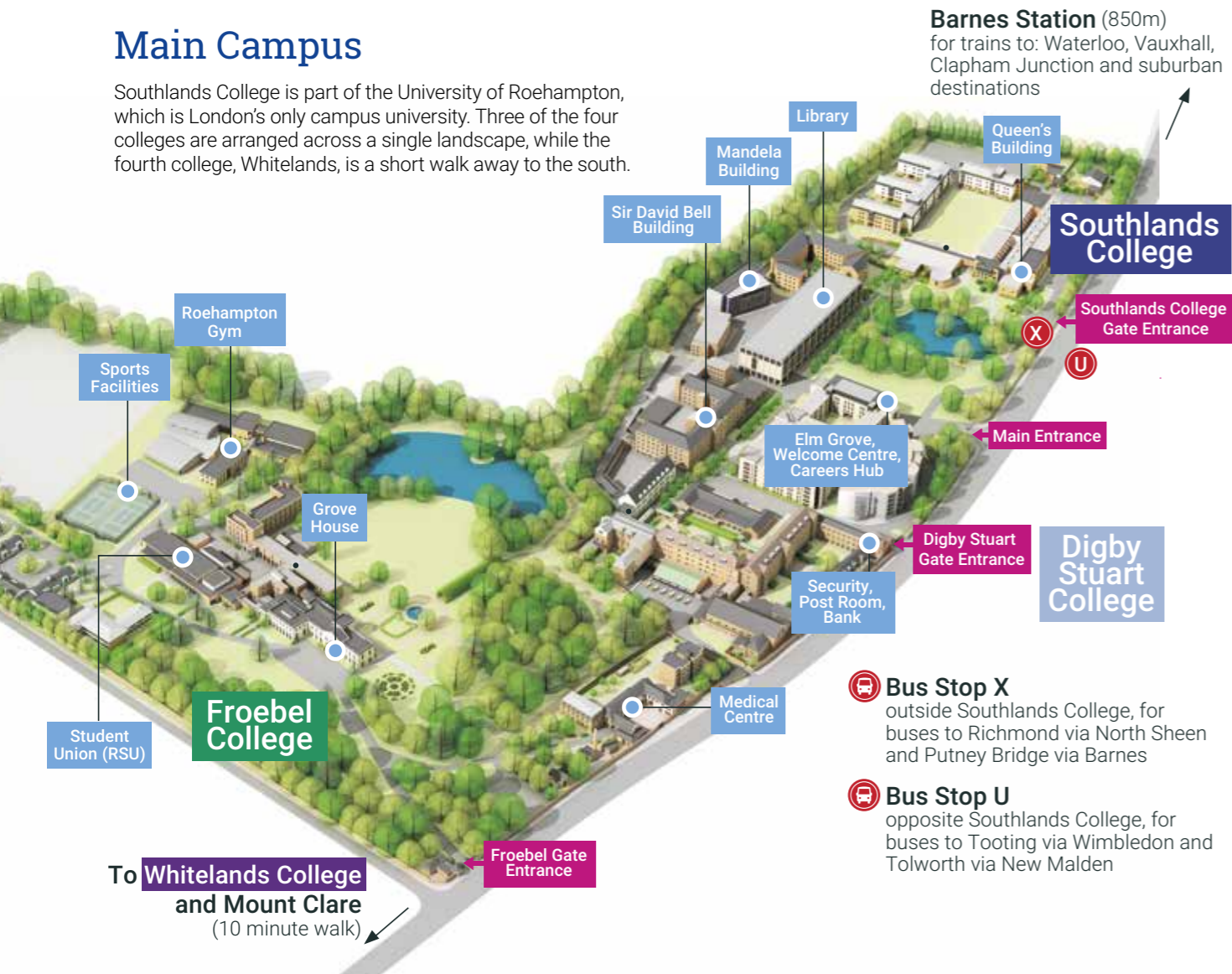
At Southlands and across the university, students from minority groups and communities under-represented in Higher Education can find both specialist support and also supportive social communities. If you are part of the LGBTQ+ community, a student of colour, a mature student, a disabled student, a student with caring responsibilities, a person of faith, or a member of any special community, you will have access to support services, student societies, and a programme of events designed for you. Contact one of the college team, visit the university website, or visit the Students' Union to find out more.

The university's Student Code of Conduct provides a framework for the behaviour of our community, as do our statements and policies on equality, diversity and inclusion. Roehampton is an extremely friendly and diverse community, but we know that nowhere is perfect. Never hesitate to approach a member of the college staff team if you experience discrimination, bullying or unfair treatment of any kind. We will do all that we can to support you.

Finding Your Way

Main Campus

Southlands College is part of the University of Roehampton, which is London's only campus university. Three of the four colleges are arranged across a single landscape, while the fourth college, Whitelands, is a short walk away to the south.

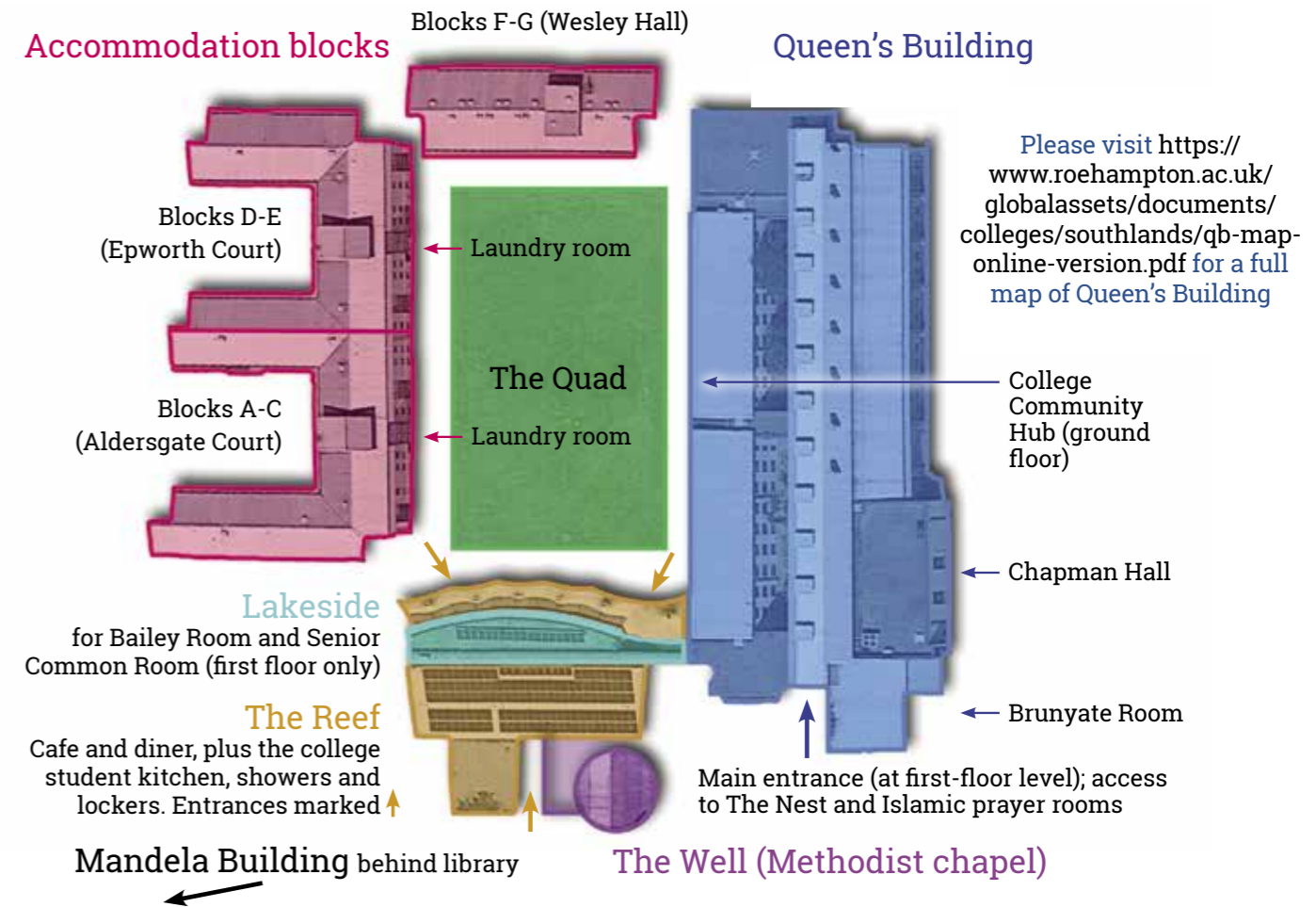


Southlands College

Rooms in Queen's Building (QB) and Lakeside (LS) all have numbers (e.g. LS002, QB201). The first number always indicates whether that room is on the ground floor (0), the first floor (1) or the second floor (2).

Each floor in Queen's Building (QB) has informal study spaces, toilets (accessible toilet on floor 1), water fountains and a printer (on floor 0).

To access more information and to contact key members of staff, in person, by email or by telephone, see the directory on page 31.



Southlands College: Our Academic Departments

The academic departments based at Southlands include:

- The Faculty of Business and Law
- Applied Music Research

The University library is also part of the Southlands College community.

Many Southlands students will study in the Faculty of Business and Law, but a number of our resident college members will study with different departments. All are full members of the college community and welcome to take part in everything we do.

Welcome from Faculty of Business and Law



A warm welcome to all students of the Faculty of Law. As part of a vibrant learning community, you will meet and study with extraordinary people and develop enduring friendships. The Faculty works closely with Southlands College to give you a sense of belonging, realise your potential and achieve personal and career success.

We will endeavour to share our commitment to responsible education in Business and Law that focuses on evidence-based reflective practice. You will learn to face the challenges of the world of work in an ethical and socially responsible manner. A responsible and ethical approach to business and law can make a crucial difference to issues affecting our planet, life, and society.

Your academic success depends on the extent of your engagement with what we are here to offer you, and much depends on your motivation to succeed and make the best use of opportunities. Therefore, we would like very much for you to work with your lecturers and professors by preparing well and actively participating in curricular, co-curricular and extra-curricular activities.

I wish you all the best for your studies and learning journey with us towards a successful and happy life and career.

Professor Sunitha Narendran, Dean of the Faculty of Business and Law & Head of Roehampton Business School
sunitha.narendran@roehampton.ac.uk

Our University Library



A warm welcome from the Roehampton Library and our Library Services team.

As a Southlands student, your library is only a few steps away from college. The Library Services team is there to support you in getting the best from your studies, whether you are on campus using the award-winning building or working

online accessing our extensive range of ebooks, journals, resources and information.

In the Library building we have 1200 study spaces from single desks, to booths, or bookable study rooms; PCs and loanable laptops; silent and group working areas; training suites, a café and exhibition area and let's not forget 300,000 books. We are open from 8am–12 Midnight weekdays, 10am–6pm weekend days and also 24/7 for a number of weeks a year around busy assessment and hand-in dates.

When working from your study bedroom or at home, you can access thousands of books and journals as well as supporting information on how to study well and achieve your best.

We have a great team of staff ready to help you on chat, email and in the library. As members of Southlands College you will see them at college events and activities. Please feel free to ask them any questions you have. Have a look at our website <https://library.roehampton.ac.uk/home> for more information.

Susan Scorey
University Librarian and Chief Information Officer

A reading people
will always be a
knowing people.

– John Wesley (1703-1791)
Wesley was a founder of Methodism.
Southlands College was established by
the Methodist Church in 1872

College Life

Find out What's On

The best way to find out what's going on is to follow the college's social media:

-  **Southlands College** (our official college page)
Southlands' Shiver of Sharks
(our student-run college page)
-  **@roe_southlands**
-  **@roe_southlands** (our official college page)
@southlands_sharks (our student-run page)
-  **Southlands College**

Posters and fliers will often be put up around the college with information about events and activities. Pick one up from Reception, the Reef, or the College Community Hub at QB010.

At Southlands we have all sorts of activities just for you.

You'll find some sports and games equipment in the Reef, which you are welcome to use. On sunny days, find a member of the college team and they can help you set up badminton, or even croquet on the lawn.

QB010 (on the ground floor, in the middle of the main college building) is the College Community Hub. You'll often find College Community Leaders – our student team – or members of the college staff team down there and keen to hear from you or answer questions about getting involved in college life.

Sports and Competitions

The college recruits sports teams from all our student cohorts. Each year we compete against the other colleges in the College Cup. The Cup involves activities like bake-off competitions, E-Sports, volunteering projects, social sport, sleep-outs and charity fundraising. Colleges receive points for taking part, and the more we win the closer we get to winning the Cup.

Southlands also has a men's football team. If you'd like to join the team, please email southlands.college@roehampton.ac.uk.

Community Events and Activities

We try to run a variety of events for students, but we are always happy to listen to new ideas!



If you have an event concept you would like to suggest please contact: Lewis Redfern (College Engagement Team Leader) and Tazim Fatima (College Engagement and Activities Officer) by emailing southlands.college@roehampton.ac.uk



The college is always looking at new ways to enhance the learning and living experience here, including the sustainability of our facilities and buildings. For more information you are welcome to contact Dr Nick Mayhew-Smith, Deputy Head of Southlands College, who helps to co-ordinate the college team. nick.mayhewsmith@roehampton.ac.uk

Postgraduates

Postgraduate students are welcome to take part in everything that happens at Southlands. There are also special activities during the year put on especially for postgraduates, to help you meet one another and make the most of your time at Roehampton. Follow the college social media for information about these events.



Postgraduate research students are very welcome to use the Senior Common Room (SCR). This is a quiet space immediately above the Reef, accessible from the Reef or Queen's Building. It is reserved for staff and research postgraduates and is a space designed for informal meetings, quiet study, and lunches.

Commuting Students

Southlands is a college for the whole community. We know that sometimes our campus is easier to navigate for students who live here, but everything at Southlands is available for our commuting students, and we encourage you to spend time here studying, relaxing and socialising.

There are study pods, a silent study room, as well as IT suites in Queen's Building, which give you an option to study somewhere other than the Library. If you just need a space to relax, you can use the College Community Hub (QB010) and the faith spaces to unwind and meet other students too.

The Reef is an excellent space for eating and socialising, with its diner and café. The diner offers a variety of dietary provisions, but if you have a dietary need that is not being met, then please do talk to the college team. The Reef contains a **College Kitchen**, where you can heat up food and use the fridges. You can also use our lockers, toilets, showers and designated study spaces.



If you cycle to campus, there are bicycle shelters located in front of Queen's Building. The closest bus stops to college are X (towards Barnes) and U (towards Roehampton and the rest of campus) on Roehampton Lane (please refer to the Campus Map on pages 5–6 for more details). If you need any advice around travelling to and from the university, please speak to one of the college staff team.

College Clothing & Merchandise

We want you to feel as proud of being part of Southlands College as we are. A range of university and college-specific merchandise is available from the QR code below. College Hoodies and other merchandise will be available to purchase throughout the year.

<https://personalised.clothing/southlands-college>

**Be friends of everyone.
Be enemies of no-one.**

– Charles Wesley, 1707–1788

Staying Safe

Everyone who lives or works on campus has signed up to our code of conduct and the various rules and policies which are in place to make sure we all live well together, support one another, and keep one another safe.

For all members of Southlands College, a dedicated staff team is here to help make sure everyone is kept safe and activities which breach our code of conduct are dealt with quickly.

You can download the Code of Conduct from the university's website.



Shai Danmole and Olivia Ogunbunmi Senior College Wardens

Our roles as Senior College Wardens are to encourage positive behaviour and responsible citizenship on campus. We work closely with your flat reps to make sure people are living together well in college accommodation – looking out for each other and following the rules.

You are welcome to visit us if you have any concerns about behaviour on campus, either in a flat or elsewhere. We also work alongside others on serious disciplinary and wellbeing cases, to ensure everyone has the best experience of university.

Our team of College Wardens are available overnight to respond to emergencies. You can speak to the Wardens by calling Security on ext. **3333** using an internal phone, or call directly on **020 8392 3333**.

Visit **QB016** or **QB014**, Call **7297** or **5017** or email **s.danmole-ellis@roehampton.ac.uk** or **olivia.ogunbunmi@roehampton.ac.uk**

Julianne Cerreta, College Warden

Your College Warden works together with Flat Reps, SCCLs and others in the team to make sure students on campus are safe, looked after, getting along well together, and following the student code of conduct. Your Warden provides pastoral care to support the Wellbeing and Security teams where needed, outside of office hours. It is also their role to help ensure the college community life is safe, supportive and nurturing. Together with the college team the Warden will help build a community and encourage responsible citizenship, informed by the values of the college.

Call security on ext. 3333 and ask for the warden if you need to speak to them.

Bystander Intervention Team

We have a team of people at Roehampton who help enforce the university's zero-tolerance approach to sexual harassment and assault. The team is present at most large events on campus, and you will see them wearing fluorescent blue tops.



Wellbeing

By being part of a college we hope that you come to feel like this small community is a place of belonging, where you are supported throughout your time at Roehampton to achieve the most you can.

We are committed to supporting your wellbeing, and work in close partnership with the university's central services to provide a wide range of support for our students.

Farhia Abukar and Colin Symington-Bailey are your Southlands College Wellbeing Officers and are here as your first port of call if you are facing any difficulties, uncertainties, or anxieties.

Download the RoeWellbeing App to access the university's support services and to get great advice, information and to find out about activities to support your wellbeing, all on your own phone.



RoeWellbeing – student support

Reach your potential

OPEN



Farhia Abukar and Colin Symington-Bailey

Student Wellbeing Officers (SWOs)

We are here as your first port of call if you have any queries or anxieties.

Coming to university is an exciting and rewarding experience and we want you to know that during your time here, if you ever do need help, help is here for you. No problem is too big or too small – if it's worrying you it's a problem. We provide confidential support for any issues you may face whilst at Roehampton. Plus, we'd love to get to meet you so drop by and say hello as well. The drop-ins are at the Wellbeing Centre in Richardson building (Digby Stuart College) [and during term-times only]. To access drop-in, please visit the Wellbeing section of The Nest to book an appointment.



General Wellbeing Provision

Southlands students have access to all the university's wellbeing, mental health and disability services. You can access these by emailing our SWOs at swosouthlands@roehampton.ac.uk or any other member of the College staff team, or by asking one of your tutors or lecturers.

Here's some information about the services:

Student Medical Centre

We encourage all our students to make use of our on-campus medical centre, which is located in Froebel College, in the Old Court buildings. The Centre offers GP and nurse appointments.

To register or book an appointment, call **020 8392 3679** or email studentmedicalcentre@nhs.net

Disability and Dyslexia Services

Students with disabilities and specific learning differences can receive advice and support from the university. To discuss your needs, visit the Information Centre (located at Digby Stuart College), call the service on **020 8392 3636**, or email disabilities@roehampton.ac.uk

Mental Health and Counselling

The university has mental health advisers and counsellors to support students with complex and specialised needs. The best way to access these services is to contact Farhia or Colin, your student wellbeing officers. There are counselling drop-in sessions available, please contact wellbeing@roehampton.ac.uk for more details.

Financial Support

If you have funding issues while at university, we have a team available to help support you. They can provide advice and help with questions about your loan, grants, scholarships and other financial matters. Contact the team through Farhia or Colin, on **020 8392 3090**, or on studentfinance@roehampton.ac.uk

Roehampton University subscribes to the financial advice specialist Blackbullion, giving students access to a range of financial tips, tools and handy information.

<https://www.blackbullion.com>

Academic Achievement Advisers (AAAs)

If you need some additional support with your learning skills, the AAA team can help. They can provide you with personal advice and support, and point you to helpful resources online. They also run workshops, events, and drop-in sessions in the library. More information is available on the Learning Skills Hub on Moodle.

LGBTQ+ Students

Specialist wellbeing and support services for LGBTQ+ students are available through our wellbeing team, the Students' Union, and locally to the university through external organisations. For more information, <https://www.roehamptonstudent.com/support/lgbtq/>

Student Leaders



Southlands College Community Leaders (SCCLs)

Our Southlands College Community Leaders are peer student leaders in the college who are here to help foster community spirit: that wonderful sense of belonging that makes being part of Southlands special! So, you'll see the SCCL team facilitating events and activities of all kinds to enhance your university experience, as they work with our internal partners across the university! Your ideas are always welcome and they're happy to chat with you about what you'd like to see in terms of amenities or activities in the college.

The SCCL team is made up of individuals who represent home and international students, both undergraduate and postgraduate, whether resident in college or commuting from home. They're a friendly bunch, and are here to support you, so please do have a chat with them. Contact southlands.college@roehampton.ac.uk or visit College Community Hub at **QB010** to contact the SCCL team or to find out how to become a SCCL.

Flat Reps

Flat Reps are usually second or third year students who live with our new residents to help provide a friendly and supportive welcome at the start of term and to offer advice and guidance throughout the year.

If you are living in college and have any questions about how to seek help, advice or support at the university, start with your Flat Rep. They will often be able to provide you with some initial advice and let you know which members of staff can help you further.

Flat Reps aren't appointed to police our flats but we do ask them to take a leadership role in building a happy and friendly flat environment. They receive training at the start of the year and participate in a development programme which provides them with the resources and skills to make your experience of living in college accommodation a happy and positive one. Residents of our college flats should feel welcome to talk to their Flat Rep about the community environment and should expect a positive, helpful and supportive response.

History of Flat Reps

Flat Reps are an important part of our community's focus on looking after one another at Southlands, and they have a long and important history. They are a direct continuation of the Southlands Mothers and Daughters system which existed right back into the early part of the last century. Here you can see some Southlands Mothers and Daughters in the 1940s.



Becoming a Flat Rep

Being a Flat Rep provides lots of opportunities to become a leader in the Southlands community, to develop your skills, knowledge and experience. Flat Reps receive formal training and professional development, all of which is fantastic for building up an impressive CV.

If you think you have what it takes to become a Flat Rep in next academic year (2023-2024), you are welcome to apply. Applications are open to all students, whether or not you currently live at Southlands. The application process begins in early 2023, and details will be posted on the college social media platforms and the Nest.

If you have any questions about being a Flat Rep please email southlands.college@roehampton.ac.uk

Becoming a Student Leader

The CCL and Flat Rep roles are just two of a number of opportunities you as a student have to get involved. You may wish to represent your academic cohort as a Department Rep, apply to become an Elected Officer through the Roehampton Students' Union, or perhaps apply to start a student society.

Each role has its perks, like training and certified professional development, growing your network of professional contacts, or perhaps enhancing your work experience profile - all of which are fantastic for building up an impressive CV.

Whatever pathway you wish to pursue to develop your skills, knowledge and experience, speak to one of the student leaders or the college team to find out how you can join in. We need great leaders to continue to make the Southlands community the dynamic and vibrant place it is!

Student Elected Officers



Fahad Ahmed
College President

Hi all,
I'm Fahad, a student of BSc Business Management, and your College President. I have travelled to Southlands College all the way from Bangladesh because of its great atmosphere and its sense of community. As your college president I would like to warmly welcome you to our college. I have taught myself a mantra from John Wesley, "Do all the good you can...As long as ever you can", and promise to try my best to ensure you have the opportunity to fly as high and achieve your dreams. I will make one request to you, please make an effort to engage with the college community and make the most of it.

I will be working with the amazing Adam (Deputy President), Southlands CCLs and Flat Reps, and will be offering you a range of event and activities throughout the year. Check the student portal and our social media pages to make sure you don't miss out. In the meantime, I would love to answer any questions you may have, or just a little chat; please do email me ahmedf15@roehampton.ac.uk or message me on Instagram [@Southlands_President](https://www.instagram.com/Southlands_President)

Let's achieve our goals, together!
FahadSHARKS!!!



Adam Doughalli
Deputy President

Adam is your Deputy President for the 22-23 Academic Year. You can contact him at doughaia@roehampton.ac.uk



Our elected officers work with and for Southlands College, but they also have roles within the RSU – the Roehampton Students' Union.

The RSU is for all students across every college and provides a range of services, from advice and representation, through academic and leadership opportunities and social events. The RSU is also home to our student societies and to a range of part-time officers who have responsibility for nurturing and supporting specific groups (e.g. BAME, LG-BTQ+, international and commuting students). You'll find out lots about the RSU in your first weeks at Roehampton.

For more information about the RSU visit www.roehamptonstudent.com

The RSU has a range of fantastic societies, three of which are based at Southlands College:

Roehampton Business Society
business.society@roehampton.ac.uk
@roebusinesssociety

Roehampton Law Society
law.society@roehampton.ac.uk
@roehamptonlawsoc

Roehampton Esports Society
esports.society@roehampton.ac.uk
@roehamptonesports

These societies are open to all students, regardless of which degree programme you study. The RSU also has many other societies which can be found here:
<https://www.roehamptonstudent.com/activities/societies/>



An exciting initiative that helps you to help others.

Southlands Venture aims to empower students to deliver a community-based project of their choice. Whether you organise an event, coordinate a campaign, or manage an ongoing project, Southlands Venture is here to help you enhance your skills and experience by planning and delivering a project you are passionate about!

With help and mentoring from the Southlands Venture team you can bring your idea to life.

Past projects have included:

- Building a roof for the chicken house on campus
- Collecting food for a local foodbank
- 'Water is Free' campaign
- Making Christmas Hampers for a homeless shelter
- Taking the virtual reality experience to care homes
- Accompaniment of the elderly to grow vegetables in a community allotment
- Organising an auction event to raise money for a charity supporting orphans

If you have a community-project or campaign idea we want to hear about it and help you to make it a successful venture! We will offer support and guidance and link you up with an experienced mentor who will help you plan and deliver your venture. Small grants to help with expenses are also available.

Your venture project has to meet three simple criteria:

1. Have an element involving the community (university or local area), volunteering, or campaigns.
2. Involve other people beyond the project organiser
3. Be completed within a 12 week time frame

How to get started

If you have an idea for a project, please get in touch with the Southlands Venture team by emailing us on SouthlandsVenture@roehampton.ac.uk

We will get back to you to discuss your exciting idea and how to make it happen!

Do all the good you can
by all the means you can
in all the ways you can
in all the places you can
at all the times you can
to all the people you can
as long as ever you can

The Wesleyan Rule of Life.

*John Wesley (1703–1791)
Wesley was a founder of Methodism.
Southlands College was established
by the Methodist Church in 1872.*



Chaplaincy at Southlands

Flourishing in Faith and Friendship: At Southlands, our chaplains are here to help the community to **flourish**; create spaces and opportunities for those who want them to practice and explore **faith**; and to promote **friendships** across our diverse community.

Here for you

As a college community we share in the whole of life and Southlands College strives to be a place that celebrates your joys and achievements and also offers support and space when you face challenges. Whether you are a person of faith or not, our multi-faith Chaplaincy is here to listen,



Sabiha, Nicola and Hannah are members of the College staff team as well as the university's multi-faith chaplaincy team..

encourage and support you during your studies with us. Your College Chaplain, Rev Nicola Morrison, is available to you throughout the year, as are other members of the Roehampton Chaplaincy Team, especially Sabiha Iqbal (Muslim Chaplain) and our Chaplaincy Community Worker who are also members of the Southlands College Team. We will be at college events, both on campus and online, and you can find our regular programme of events online. Check our college and chaplaincy web and social media pages for regular updates on our activities. We are also available for one-to-one conversations should you have questions about faith activities on and off-campus, or just need a coffee and chat. Contact us directly, either in person or using our contact details.

Spaces

There are a number of spaces at Southlands that you can use for quiet time, reflection, mindfulness and prayer. Information about the activity of the wider Roehampton Chaplaincy Team can be found in these spaces.

The Well (Chapel and Chaplaincy Centre).

This is the round building situated between the lake and the Reef. It provides a space for all our community to come and spend time in a place of peace and to meet and socialise with others. There are tea and coffee making facilities here and a small garden to enjoy. The Well is a place that promotes wellbeing and is home to 'Living Well' creative projects and exhibitions, a space for music rehearsals and a venue for community activities. The Well also remains a setting for spiritual reflection and prayer rooted in the Methodist tradition, and is a space that gently invites people to think about questions of faith.

Prayer Rooms and Wudu (ablution spaces)

These are located on the ground floor of Queen's Building (QB). The prayer rooms are accessible with your ID card between 8.00am–8.00pm, and whether you are a person of faith or not, all are very welcome to use them. Each room provides space to pray, relax, read, and contemplate. These rooms are rooted in the Islamic tradition and therefore they are shoe-free, and there is a dedicated space for brothers in room QB054, and for sisters in QB029.

There are also Prayer Rooms located at Froebel College, Digby Stuart College and Whitelands College. Southlands has dedicated spaces for Wudu located on the ground floor of Queen's Building next to the Prayer Rooms. Please see the Chaplaincy website for further details and our faiths spaces map.

Worship

On Campus, Roe Christian Community meet to worship monthly on Sunday evenings (details on RoeChaplaincy social media). Weekly the Southlands Chaplain welcomes students to our Partner Church, Putney Methodist Church, which meets to worship on Sundays at 10.30am. Please feel free to contact Nicola or Hannah directly for more details. Friday Jummu'ah prayer takes place on campus for Muslims, as well as a vast array of activities that includes the wider community. For further details please see our social media platforms or email Sabiha (Muslim Chaplain).

Why Chaplaincy?

Southlands was founded and is still supported by the Methodist Church, which is characterised by openness and inclusivity. Methodism has a strong focus on building community and supporting social action and this heritage remains something that continues to enrich our community in all its diversity. Here at Roehampton we are delighted that our Chaplaincy offers support for people across a range of faith traditions, reflecting the heritage of the four colleges and the identities of our students today. We are committed to exploring ecumenical and inter-faith work across the campus and to demonstrating the common commitments of all faiths to nurturing a happy and supportive community.

We should be rigorous in judging ourselves and gracious in judging others.

– John Wesley (1703–1791) Wesley was a founder of Methodism. Southlands College was established by the Methodist Church in 1872



Contact us

Rev Nicola Morrison: nicola.morrison@roehampton.ac.uk
Southlands Chaplain & Methodist Chaplain to the University

Sabiha Iqbal: sabiha.iqbal@roehampton.ac.uk
@sabiha.thechaplain @sabiha_chaplain

Muslim Chaplain to the University

Hannah Evans: hannah.evans@roehampton.ac.uk
Southlands Chaplaincy Community worker

Follow us

Roehampton Chaplaincy

@RoeChaplaincy

<https://www.roehampton.ac.uk/student-support/chaplaincy>

Local Food and Shops



Daytime, evening, nights: your handy guide to the essentials in and around Southlands College

University food outlets

Here are all the places to eat at the university during term time. To check holiday opening times, and check for any updates, look at The Nest website and scroll down to 'campus catering'

Southlands College (here in The Reef)

- Coffee shop
- Diner

Digby Stuart College

- Digby Diner
- The Hive Café

Froebel College

- Diner
- Froebel Costa
- Students Union Froebel Bar
- Students Union Pub Grub

Library

- Café

Whitelands College

- Diner
- Whitelands Sett

You can find opening hours on the Nest here: <https://portal.roehampton.ac.uk/nest>

Local shops

Digby Shop

Digby Stuart College, opposite The Hive
Opening times: 9am–5pm (Mon–Fri)

Londis (3 minutes' walk from the college)

1 Aubyn Square, Roehampton Lane, London SW15 5NT. Opening times: 7am to 8pm (Mon–Sat), 8am to 1pm (Sun)

Tesco Express

(12 minutes' walk from the college)
357–361 Upper Richmond Rd, London SW15 5QJ. Opening times: 6am to 11pm, seven days a week

Co-Op Food

(15 minutes' walk from the college)
39-41 Danebury Ave, London SW15 4DU. Opening times: 7am to 11pm, seven days a week

Little Waitrose

(15 minutes' walk from the college)
Shell garage, 237–239 Roehampton Lane, London SW15 4LB. Open 24 hours

Asda superstore

(get the FREE Roehampton bus)
31 Roehampton Vale, London SW15 3DT. Take the free university bus, or 30 mins' walk. Open long hours except Sun 11am–5pm

The Food Bus

Weekly on Danebury Avenue
Tuesdays 1–4pm.
www.be-enriched.org/the-food-bus

Some takeaway options

There are several vending machines around campus for out-of-hours snacks, including two at Southlands College. Roehampton has plenty of local takeaway places, with delivery options:

Dominos Pizza

188 Upper Richmond Rd W, London SW14 8AN

Greggs

37 Danebury Ave, London SW15 4DQ

Subway

47 Danebury Ave, London SW15 4DQ

Ginger & Garlic Chinese takeaway

22 Roehampton High St, London SW15 4HJ

Favorite Chicken & Ribs

215 Roehampton Ln, London SW15 4LD

The Right Plaice fish and chip shop

59 Danebury Ave, London SW15 4DQ

McDonalds

31 Roehampton Vale, London SW15 3DT

Communities at the University of Roehampton to get involved in

London Wetland Centre

The University of Roehampton has joined forces with London Wetland Centre (LWC) to provide new opportunities for student work placements and research and project collaborations under their shared commitment to the environment and sustainability. The LWC is only 1.2 miles from the campus and can be reached on foot or by the free Roehampton Shuttle Bus (details available on the student portal) and enter the Wetlands Centre for a discounted rate of £9.



Law Clinic

Law students have the opportunity to apply to gain hands-on legal work experience at the department's new Law School Clinic, based in the local branch of Citizens Advice Wandsworth (CAW). Final year undergraduates will support the Law Clinic Manager, covering a range of legal issues.

All clients will be referred from CAW, and it will be the students' job to help support the Law Clinic Manager in various aspects of the clinic. For more information please email southlands.college@roehampton.ac.uk and we will forward your email to the Law Clinic Manager.

Entrepreneurship Hub

The Faculty of Business and Law launched the Entrepreneurship Hub in early 2022 to help students at Roehampton explore their entrepreneurial ideas, and provide space and guidance to drive these forward. Please visit room QB030 in Queens Building or contact bari.maik@roehampton.ac.uk / laura.scanga@roehampton.ac.uk for more information.

Growhampton

Growhampton is a sustainability initiative with a focus on food growing. It was established in September 2013 (initially funded by the NUS Student Green Fund) and is delivered by Roehampton Student's Union Growhampton, with the help of a large number of student volunteers who have established and continue to develop an edible campus that promotes biodiversity.

The creation of multiple growing spaces across the south-west London site helps to open up wildlife corridors across the campus. They have also set up a chicken house on campus, which houses rescued battery chickens. To get involved with Growhampton and learn about sustainable food, please visit <https://www.roehamptonstudent.com/growhampton/>

Sport Roehampton

Sport Roehampton run an on campus gym on the Froebel College campus (see map on page 6 for more details) and offer a wide range of sport and physical activity opportunities for all students. From competitive sport such as cricket, rugby and squash for more experienced students to social activities, including Womens Only Workouts for those wanting to try something new, we have something to meet the needs of all our students.

Music at Southlands

At Southlands we are lucky enough to have access to a lot of facilities for making music. We have practice rooms, instruments you can borrow, and even a large concert hall for performances.

Community music is a big part of what we do. The music society meets regularly through the year, and various groups meet to rehearse and perform in college and further afield. If you enjoy playing music at any level, or if you want to find out about opportunities to attend performances of music in any style, we would love you to get involved.

For information about music activities through the year, follow the Facebook Page "**Roehampton Music Society**"

Dr Gulliver Ralston is our Director of Music, and would love to hear from you if you are keen to get involved. You can contact him on gulliver.ralston@roehampton.ac.uk, musicdirector@roehampton.ac.uk call 020 8392 4772, or visit **QB136/EH107**.

Music scholarships of up to £1200 are available for all our students, whatever you study. Contact Gulliver for more information.



Hark! The herald angels sing,
"Glory to the newborn King!
Peace on earth and mercy mild,
God and sinners reconciled."
Joyful, all ye nations rise,
Join the triumph of the skies,
With th'angelic host proclaim:
"Christ is born in Bethlehem."
Hark! The herald angels sing,
"Glory to the newborn King!"

– Taken from the famous Christmas Carol by Charles Wesley. Wesley was one of the founders of Methodism. The Methodist Church established Southlands College in 1872.

Southlands College History

The colleges at Roehampton aim to build a strong community, which meets the needs of diverse groups of staff and students, both residential and commuting, and enriches their experience of university life. Each college aims to maintain and develop the ethos and values of its founding body.

Southlands has a rich history, firmly rooted in the principles of equality of opportunity, education for all, and a commitment to acting in the community to improve the lives of others. Southlands was founded by the Methodist Church as a training college for female teachers in Battersea 1872. In 1930 it relocated to Wimbledon Parkside and in 1997 the present premises were opened on Roehampton Lane. In 1975, Southlands, Digby Stuart, Froebel and Whitelands Colleges joined together to form what was then the Roehampton Institute and is now University of Roehampton. Southlands is still owned by the Methodist Church, but is given to the University as part of the Church's commitment to Higher Education in Britain.

Although Southlands is a different place in a number of ways to how it looked and functioned in the 1870s, the college retains its firm commitment to the lasting principles of its foundation.

Equality, access, diversity and commitment to valuing the individual are just a few of these. Even the architecture of the college reflects its roots. Our quadrangle is open at the corners to allow people to come and go. It is a place that welcomes and which engages with the outside world. This is a constant reminder to us all that, as well as being a small and connected community, we must be an open and welcoming place, and go out and engage with the world to help shape it and be shaped by it.



Southlands Alumni

As well as remaining in contact with the broader university community, as a member of Southlands you will of course also be welcomed back to college alumni events. These are an excellent opportunity to stay in touch with what's going on at Southlands and to keep in contact with others from your time at college.

The college runs occasional alumni events, which we will contact you about, as well as always being open to hosting reunions organised by former Southlands students.

Southlands College celebrated its sesquicentennial (150th) anniversary in 2022. More details are available at: www.roehampton.ac.uk/colleges/southlands-college/southlands-150/

The room number prefix identifies the building (QB = Queen's Building; LS = Lakeside).
All telephone numbers are 020 8392 followed by the four-digit internal number shown in bold.

| | | |
|--|---|----------------------------------|
| The Nest: (<i>Mon–Fri, 8am to 7pm</i>): | | (020 8392 3100) |
| Southlands College Office: | southlands.college@roehampton.ac.uk | (QB010, 3484) |
| Accommodation Office: | Yvonne Douglas y.douglas@roehampton.ac.uk | |
| Cleaning Manager: | Kate Ludwig kate.ludwig@roehampton.ac.uk | (3406) |
| Security and College Warden: | Emergency 3333; enquiries 3140 | |
| Senior College Warden: | Shai Danmole-Ellis s.danmole-ellis@roehampton.ac.uk | (QB016, 7297) |
| Senior College Warden: | Olivia Ogunbunmi olivia.ogunbunmi@roehampton.ac.uk | (QB014, 5017) |
| College Engagement Team Leader: | Lewis Redfern lewis.redfern@roehampton.ac.uk | (QB012 07917965911) |
| College Engagement and Activities Officer: | Tazim Fatima tazim.fatima@roehampton.ac.uk | (QB013) |
| Student Wellbeing Officer: | Farhia Abukar swosouthlands@roehampton.ac.uk | (QB015) |
| Student Wellbeing Officer: | Colin Symington Bailey swosouthlands@roehampton.ac.uk | (QB020, 7360) |
| College Chaplain: | Rev. Nicola Morrison nicola.morrison@roehampton.ac.uk | (QB021, 3497) |
| Chaplaincy Community Worker: | Hannah Evans hannah.evans@roehampton.ac.uk | ((QB022) |
| Muslim Chaplain: | Sabiha Iqbal sabiha.iqbal@roehampton.ac.uk | (QB023b, 07741148232) |
| Director of Music: | Dr Gulliver Ralston gulliver.ralston@roehampton.ac.uk or musicdirector@roehampton.ac.uk | (QB136, 4772) |
| Deputy Head of College: | Dr Nick Mayhew-Smith nick.mayhewsmith@roehampton.ac.uk | (QB023a) |
| Head of College: | Dr Christopher Stephens christopher.stephens@roehampton.ac.uk | (QB202, 3401) |